

**Tilak Maharashtra Vidyapeeth**

**The Late *Vaidya P.G. Nanal***

**Department of *Ayurved & Yoga***



Estd. 1921

**ACADEMIC CALENDER 2023-2024**

**(For M.Sc. Nutrition and Food Science &  
M.A. Yoga)**

## DEPARTMENT OF AYURVED & YOGA

Academic Calendar 2023 – 2024 (M.Sc. Nutrition and Food Science & M.A. Yoga)

### (A) SCHEDULE OF COURSE INSTRUCTIONS AND EXAMINATIONS

#### AUTUMN SEMESTER (1<sup>st</sup> Semester and 3<sup>rd</sup> Semester)

Students	Orientation	Reporting	Instruction begins on
<b>On-Roll</b>	26.06.23 (Monday) at 11.30 am	03.07.2023 (Monday)	03.07.23 (Monday) at 10.30 am
<b>New Entrants</b>	10.08.23 (Thursday) at 11.30 am	11.08.23 (Friday)	11.08.23 (Friday) at 10.30 am

(There will be regular teaching except the duration of the events.)

Activities Conducted	Important Dates
Seminar on Ayurved & Nutrition for Liver Health (World Hepatitis Day)	28 <sup>th</sup> July 2023
Independence Day	15 <sup>th</sup> August 2023
Workshop on Preparation of Millets based Galactogogues (World Lactation Week)	18 <sup>th</sup> August 2023
<i>Rakshabandhan</i>	30 <sup>th</sup> August 2023
International Nutrition Week (Workshop/ Seminar/ Quiz/ Debate/ Cooking Competitions/ Exhibition)	1 <sup>st</sup> Week of September 2023
<i>Ganesh Chaturthi</i>	19 <sup>th</sup> September 2023
<i>Gauri Pujan</i>	22 <sup>nd</sup> September 2023
<i>Ananta Chaturdashi</i>	28 <sup>th</sup> & 29 <sup>th</sup> September 2023
<i>Gandhi Jayanti</i>	2 <sup>nd</sup> October 2023
Guest Lecture on <i>Yogic</i> Diet for Obesity Management on the occasion of World Food Day	16 <sup>th</sup> October 2023
<i>Dushera</i>	24 <sup>th</sup> October 2023
<b>Last day of instructions</b>	<b>3<sup>rd</sup> November 2023 (Friday)</b>
<b>Preparation Leave</b>	<b>6<sup>th</sup> – 17<sup>th</sup> November 2023</b>
<i>Dhanvantari Diwas</i>	<b>10<sup>th</sup> November 2023</b>
<b>Semester Exam</b>	<b>21<sup>st</sup> November 2023 – 01<sup>st</sup> December 2023</b>
<b>Semester Break</b>	<b>2<sup>nd</sup> -31<sup>st</sup> December 2023</b>
<b>Announcement of Grades</b>	<b>1<sup>st</sup> Week of January 2024 (Tentative)</b>

**SPRING SEMESTER 2024 Commences on 2<sup>nd</sup> January 2024**

**SPRING SEMESTER (2<sup>nd</sup> Semester and 4<sup>th</sup> Semester)**

<b>Students</b>	<b>Reporting</b>	<b>Instruction begins on</b>
<b>On-Roll</b>	02.01.2024 (Tuesday)	02.01.2024 (Tuesday) at 10.30 am

**(There will be regular teaching except the duration of the events.)**

<b>Activities Conducted</b>	<b>Important Dates</b>
Conference (International/ National)	Last week of January (Tentative)
Seminar on Nutrition & Cancer Therapies (World Cancer Day)	2 <sup>nd</sup> February 2024
Guest Lecture on Keto Diet for Epilepsy ( International Epilepsy Day)	12 <sup>th</sup> February 2024
Workshop/ Seminar (10 <sup>th</sup> International Yoga Day)	21.06.2024 (Friday)
<b>Last day of instruction</b>	<b>05.03.2024 (Tuesday)</b>
<b>Preparation Leave</b>	<b>08<sup>th</sup> – 21<sup>st</sup> April 2024</b>
<b>End Semester Examinations</b>	<b>22<sup>nd</sup> – 30<sup>th</sup> April 2024</b>
<b>Summer Vacation for Students</b>	<b>01<sup>st</sup> May 2024 – 16<sup>th</sup> June 2024</b>
<b>Announcement of grades</b>	<b>03<sup>rd</sup> week of May (Tentative)</b>

-----XXXXXXXXXX-----

**Dr. Manoj A. Joshi**

**Head of the Department**